

# **Daily Timetable – Draft Outline Planning**

**Monday 25.11.2024**

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**Daily Theme: FREEHEELER FUNDAMENTALS: SKILLS & TEACHING**

**Activity Focus: “Share & Compare”**

09.00-09.30	Workshop groups meet at Tuxerfernerhaus: quick coffee, chat, boots on ... and ready to go!
09.30 - 12.00 (on-snow time)	<b>WORKSHOP OPTION A / WORKSHOP OPTION B</b> “DEVELOP YOUR SKILLS” Open workshop option (non-pros / recreational skiers)
12.00-13.00	Lunch, Tuxernerhaus, All welcome! (Extra cost) Workshop groups meet 12.50
13.00-15.30	“FREEHEELER FORUM” groups: Informal social skiing, topic selection, discussion & sharing “DEVELOP YOUR SKILLS” Open workshop option (non-pros / recreational skiers)
15.30-16.30	Summary Meeting at the Campus Room
18.00-20.00	Dinner, Kleine Tenne restaurant, Lanersbach, Everyone welcome! (Extra cost)
20.00-21.00	Welcome to the Freeheeler Campus, 2024!, Introduction by Richard Schürf, John Eames, Simon Everitt & Alex Büttner 1st evening session (see below)
21.15-22.00	2nd evening session

## Tuesday 26.11.2024

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### Daily Theme: FREEHEELER FUNDAMENTALS: SKILLS & TEACHING

Activity Focus: “Freeheel skills - under the microscope!”

09.00-09.30	Workshop groups meet at Tuxerfernerhaus: quick coffee, chat, boots on ... and ready to go!
09.30 - 12.00 (on-snow time)	WORKSHOP OPTION C / WORKSHOP OPTION D “DEVELOP YOUR SKILLS” Open workshop option (non-pros / recreational skiers)
12.00-13.00	Lunch, Tuxernerhaus, All welcome! (Extra cost) Workshop groups meet 12.50
13.00-15.30	“FREEHEELER FORUM” groups: Informal social skiing, topic selection, discussion & sharing “DEVELOP YOUR SKILLS” Open workshop option (non-pros / recreational skiers)
15.30-16.30	Summary Meeting at the Campus Room
18.00-20.00	Dinner, Kleine Tenne restaurant, Lanersbach, Everyone welcome! (Extra cost)
20.00-21.00	1st evening session (see below)
21.15-22.00	2nd evening session

## Wednesday 27.11.2024

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### Daily Theme: ADVANCED FREEHEELER SKILLS & TECHNIQUE

Activity Focus: "Share & Compare"

08.45-09.00	Workshop groups meet at Tuxerfernerhaus: quick coffee, chat, boots on ... and ready to go!
09.00 - 12.15 (on-snow time)	WORKSHOP GROUP OPTION E1 /WORKSHOP GROUP OPTION F1 OPTION E2/OPTION F2 "DEVELOP YOUR SKILLS" Open workshop option (non-pros / recreational skiers)
12.15-13.15	Lunch, Tuxernerhaus, All welcome! (Extra cost) Workshop groups meet 13.00
13.15-15.45	"FREEHEELER FORUM" groups: Informal social skiing, topic selection, discussion & sharing "DEVELOP YOUR SKILLS" Open workshop option (non-pros / recreational skiers)
15.45-16.30	Summary Meeting at the Campus Room
18.00-20.00	Dinner, Kleine Tenne restaurant, Lanersbach, Everyone welcome! (Extra cost)
20.00-21.00	1st evening session (see below)
21.15-22.00	2nd evening session

# Thursday 27.11.2024

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## Daily Theme: ADVANCED FREEHEELER SKILLS & TECHNIQUE

Activity Focus: “Freeheel skills - under the microscope!”

08.45-09.00	Workshop groups meet at Tuxerfernerhaus: quick coffee, chat, boots on ... and ready to go!
09.00 - 12.15 (on-snow time)	WORKSHOP GROUP OPTION G1 /WORKSHOP GROUP OPTION H1 OPTION G2/OPTION H2 “DEVELOP YOUR SKILLS” Open workshop option (non-pros / recreational skiers)
12.15-13.15	Lunch, Tuxernerhaus, All welcome! (Extra cost) Workshop groups meet 13.00
13.15-15.45	“FREEHEELER FORUM” groups: Informal social skiing, topic selection, discussion & sharing “DEVELOP YOUR SKILLS” Open workshop option (non-pros / recreational skiers)
15.45-16.30	Summary Meeting at the Campus Room
18.00-20.00	Dinner, Kleine Tenne restaurant, Lanersbach, Everyone welcome! (Extra cost)
20.00-21.00	1st evening session (see below)
21.15-22.00	2nd evening session or .... Freeheeler Social ☺ “Swings Bar & Restaurant”, Lanersbach

## NOTES & TIMETABLE OPTIONS

- Timetable sessions and 'Daily Themes' highlighted in **BLUE** are for professional skiers. Timetable sessions highlighted in **GREEN** are for recreational and non-professional skiers.
- Workshop content will follow main 'Daily Theme' only for each 2 day block as much as possible to allow a natural progression over the 4 days. Please refer to the 'Invitation' for full info.
- Evening timetable sessions are open to all skiers ☺.
- **NB** the daily afternoon 'Summary Meeting' will be at the Tuxerfernerhaus (finishing before the last gondola down!!!) and is a chance for presenters to add further explanation about their session earlier that day, for general discussion & also for anybody to ask questions about the sessions or any other aspect of the day.
- During the first evening session each day there will be an opportunity for each morning group to present what they did to the other group (and vice versa) so everyone gets the content of the group they were not in; review, discuss and share. Maybe 15 mins for each group? Then 30 mins for a presentation to the whole audience until 21.00. Then a break a max 45 min presentation to finish the evening?
- **NB** evening sessions will be held at the 'Lanersbach Centre'